

W60

Event	Record	Name		Venue	Year
100m	18.7	Edna	Griffin	Kingston	1999
200m	39.3	Edna	Griffin	Croydon	1998
400m	1.49.0	Edna	Griffin	Kingston	1999
800m	4.14.4	Edna	Griffin	Croydon	1998
1500m	8.43.4	Edna	Griffin	Hendon	1999
Mile	8.30.34	Jane	Morris	Ewell	2025
3000m	18.16.4	Edna	Griffin	Croydon	1998
2km Walk	15.42	Wendy	Wakelin	Sutton	2025
Long jump	2.57	Edna	Griffin	Hendon	1999
High jump	1	Edna	Griffin	Hendon	1999
Shot putt	6.85	Edna	Griffin	Sutton	1999
Discus	13.92	Edna	Griffin	Croydon	1997
Javelin	12.23	Edna	Griffin	Hendon	1999
Hammer	13.58	Lesley	James	Wokingham	1999
Road					
10 km	54.22	Heather	Law	Gateshead	2023
10 miles	1.25.29	Vivien	Victor	Dorking	2022
Half marathon	1.51.54	Vivien	Victor	Chichester	2022
Marathon	3.54.33	Vivien	Victor	Goodwood	2022