

W60

Event	Record	Name		Venue	Year
Long jump	1.6	Lesley	James	Crawley	2003
Shot putt	4.92	Lesley	James	Crawley	2003
Discus	13.79	Lesley	James	Crawley	2003
Hammer	13.58	Lesley	James	Wokingham	1999
100m	18.7	Edna	Griffin	Kingston	1999
200m	39.3	Edna	Griffin	Croydon	1998
400m	1.49.0	Edna	Griffin	Kingston	1999
800m	4.14.4	Edna	Griffin	Croydon	1998
1500m	8.43.4	Edna	Griffin	Hendon	1999
3000m	18.16.4	Edna	Griffin	Croydon	1998
Long jump	2.57	Edna	Griffin	Hendon	1999
High jump	1	Edna	Griffin	Hendon	1999
Shot putt	6.85	Edna	Griffin	Sutton	1999
Discus	11.7	Edna	Griffin	Croydon	1997
Javelin	12.23	Edna	Griffin	Hendon	1999
Hammer	12.85	Edna	Griffin	Kingston	1998
Road					
10km	56.42	Valerie	Churchill	Chessington	2017
10 miles	1.25.29	Vivien	Victor	Dorking	2022
Half marathon	2.03.20	Vivien	Victor	Reigate	2021
Marathon	4.47.07	Vivien	Victor	Southampton	2021