

## W55

Event	Record	Name		Venue	Year
100m	17.1	Jacqui	Callaghan	Wimbledon	2025
200m	33.9	Ali	Brookman	Sutton	2025
400m					
800m	3.21.3	Paula	Jones	Sutton	2025
1500m	6.33.7	Paula	Pringle	Sutton	2025
1 Mile	7.03.35	Paula	Pringle	Epsom	2024
3000m	15.05.0	Paula	Jones	Epsom	2025
5000m					
Long jump	2.26	Jo	Lloyd	Epsom	2022
Triple jump					
High jump					
Shot putt	5.41	Jacqui	Callaghan	Sutton	2025
Discus	12.64	Jane	Mahoney	Kingston	2024
Javelin					
Hammer					
2000m walk	14.50.98	Jane	Mahoney	Kingston	2024
10 km	41.29	Sharon	Walker	Sutton	2026
10 miles	1.07.10	Sharon	Walker	Cabbage Patch	2025
Half marathon	1.28.51	Sharon	Walker	Reigate	2025
Marathon	3.33.02	Catherine	Matthews	London	2023