

W55

Event	Record	Name		Venue	Year
100m	18.6	Jo	Lloyd	Kingston	2022
200m	39.3	Jo	Lloyd	Epsom	2022
400m					
800m					
1500m					
3000m					
5000m					
Long jump	2.26	Jo	Lloyd	Epsom	2022
Triple jump					
High jump					
Shot putt					
Discus	10.82	Jo	Lloyd	Kingston	2022
Javelin					
Hammer					
2000m walk					
10k					
10 miles					
Marathon					