

Senior Men

Event	Record	Name		Venue	Year	IAAF score
100m	12.4	Ian	Mackrell	Pixham	2001	468
200m	25.9	Chris	Parrott	Pixham	2001	445
300m	37	David	Russell	Tonbridge	1995	746
400m	52.1	David	Russell	Horsham	1995	738
800m	1.49.48	Bruno	Witchalls	Crystal Palace	1995	1041
1000m indoor	2.25.3	Bruno	Witchalls	Birmingham	1996	963
1 mile	4.03.98	Bruno	Witchalls	Bristol	1997	1026
1500m	3.41.51	Bruno	Witchalls	Birmingham	1995	1086
3000m indoors	8.14.66	Luke	Caldwell	Boise	2013	992
3000m	8.08.9	Bruno	Witchalls	Loughborough	1997	1004
5000m	13.29.94	Luke	Caldwell	Stanford	2013	1102
10000m	28.18.13	Luke	Caldwell	San Juan Capistrano	2022	1104
3000m steeplechase	9.01.19	Bruno	Witchalls	Watford	1998	989
400m hurdles	60.6	David	Russell	Pixham	1995	659
4x100m relay	51.1	Hugh	Baker	Crawley	2009	418
		Evan	Erskine-Thomas			
		Greg	Aymes			
		Gavin	Olsson			
High jump	1.93	David	Russell	Pixham	1995	853
Long jump	4.91	Mark	Jackson	Pixham	1995	484
		Alan	Self	Pixham	2001	484
Javelin	32.72	Mark	Jackson	Pixham	1995	434
Shot putt	8.52	Richard	Powell	Pixham	2003	441
Discus	24.6	Richard	Powell	Pixham	2003	415
Pentathlon	2846	David	Russell	Pixham	1995	
Road						
5 km	14.05	Luke	Caldwell	Armagh	2018	
10 km	29.14	Luke	Caldwell	London	2015	1029
5 miles	24.23	Charlie	Wyllie	Battersea	2021	
10 miles	48.47	Luke	Caldwell	Portsmouth	2014	999
20 miles	2.01.38	Nick	Hodges	Worthing	2001	
Half Marathon	64.50	Luke	Caldwell	Philadelphia	2021	999
Marathon	2.11.33	Luke	Caldwell	Houston	2022	1134