

W70					
Event	Record	Name		Venue	Year
100m					
200m					
400m					
800m					
1500m					
3000m					
2000m Walk	17.07.5	Lesley	Taylor	Wimbledon	2023
Long jump					
High jump					
Shot putt					
Discus	12.75	Lesley	Taylor	Ewell	2023
Javelin	15.77	Lesley	Taylor	Ewell	2023
Hammer					
Road					
10km	58.01	Betty	Williams	Dorking	2025
10 miles					
Half marathon					
Marathon					

1kg

500g