

V55

Event	Record	Name		Venue	Year
100m	14.2	Ian	Dunn	Sutton	2003
200m	29	Ian	Dunn	Crawley	2003
400m	65	Ian	Dunn	Pixham	2003
800m	2.22.0	Ian	Dunn	Crawley	2003
1 mile	5.32.4	Kevin	Stroud	Ewell	2021
1500m	4.51.9	Graham	Taylor	Kingston	2000
2000m walk	12.04.5	Mick	Chapman	Sutton	1999
3000m steeplechase	14.02.4	Ben	Rivers	Sutton	2000
3000m	10.21.6	Graham	Taylor	Croydon	2000
5000m	17.51.0	Graham	Taylor	Kingston	2001
Long jump	4.33	Kevin	Stroud	Kingston	2021
High jump	1.25	Ben	Rivers	Kingston	1999
Triple jump	8.63	Kevin	Stroud	Carshalton	2021
Javelin	26.33	Brian	James	Kingston	1999
Shot putt	7.29	Brian	Blackman	Kingston	2003
Discus	21.03	Brian	Blackman	Pixham	2003
Hammer	18.3	Brian	Blackman	Kingston	2003
Pole vault	1.30	Ben	Rivers	Sutton	2000
Road					
5 km	20.22	Dave	Stead	Wimbledon	1996
10 km	36.21	Graham	Taylor	?	2001
5 miles	35.21	Dave	Stead	Chessington	1998
10 km	38.47	Graham	Taylor	Dysart	2000
Half marathon	1.35.06	Richard	Grassly	Reigate	2017
Marathon	3.28.22	Richard	Grassly	London	2017